

# Marina K.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Astrophysics from University of Washington
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- 3rd Degree Black Belt, Kajukenbo
- Weight Training
- Plyo / HIIT
- Zombie / Mud Runs
- Sports Nutrition



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 621