

# Joshua W.



**Certified Personal Trainer  
Team Member Since: 2012**

## Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Marine Corps Veteran
- 1st Place Spike-22 Jiu-Jitsu Tournament
- Outdoor Extreme Sports
- Thai Boxing
- Adventure Races/Obstacle Courses



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 623