

Sergio M.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Architecture/ Design/ Construction Management
- Wing Chun Kung Fu
- Spartan Races/ Obstacle Courses/ 1/2 Marathons
- Rock Climbing, Kayaking, Football, Basketball, Soccer
- Playing Piano



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining