

Jon S.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Political Science from Florida State University
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

Hobbies and Achievements

- Weight lifting
- Outdoor activities
- Team sports
- Reading about fitness and nutrition



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 627