

Natalia V.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2012

Education & Certifications

- BS in Nursing from Florida Atlantic University
- AED (Automated External Defibrillator)
- American Council on Exercise - Advanced Health and Fitness Specialist
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Former competitive gymnast, State Vault Champion Level 5 2001
- Competed two half marathons



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