

# Rob C.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Education - Secondary in Social Science from Florida State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Coaching basketball - for more than 6 years
- Working out
- Running



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)