

# Anthony I.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Sport Management from High Point University
- MA in Health & Physical Education: Sport Psychology from North Carolina A&T State University
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Spending Time with Family and Friends
- Basketball, Fitness and Sports
- Music
- Living Life to the Fullest.



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 629

