

Stefanie B.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Exercise Science from Florida State University
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- IFBB (International Federation of Body Building) Figure and Fitness competitor
- 2005 NFL Cheerleader
- Working out and body building



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