

CJ J.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Played football for Missouri State University
- US Army Vet, 19D Cavalry Scout
- Camping
- Firearm training courses
- Video games, unbeatable in Super Smash Bros on Nintendo64



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 630

