

Jen P.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- BS in Sport and Exercise Science from University of Central Florida
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

Hobbies and Achievements

- Swimming
- Cycling
- Yoga
- Strength training
- Graduated Magna Cum Laude from UCF, 2013
- Orange County Public Library Wellness Initiative, 2013
- Extreme Wellness Club President, 2010-2011



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 632