Jerry B.

Master Trainer
Group X Instructor
Team Member Since: 2011

Education & Certifications

- BS in Exercise Science from Murray State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

Hobbies and Achievements

- Reading
- Movies
- Voted Most Talented Trainer - 2009
- Ohio Valley Conference Track & Field Champion 4x400 Relay - 2000

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