

Jesse G.



Master Trainer
Assistant Fitness Manager
Team Member Since: 2011
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Criminology from Florida State University
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- High Intensity Interval Training
- Battle Rope Training
- Scuba Diving
- Muay Thai



For more info about this trainer,
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