Michael M.



Master Trainer
Fitness Manager
Team Member Since: 2008
Sessions Serviced: 2.000 +

Education & Certifications

- BS in Marketing from Florida Gulf Coast University
- 24 Hour Fitness Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Certified Personal Trainer
- National Academy of Sports Medicine Fitness Nutrition Specialist
- National Academy of Sports Medicine Performance Enhancement Specialist
- TRX Suspension Training Certified TRX Instructor

Hobbies and Achievements

- American history
- Italian cooking



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

