

# Jonna S.



**Certified Personal Trainer**  
**Fitness Manager**  
**Team Member Since: 2010**

## Education & Certifications

- BS in Nutrition from Baylor University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Running
- Traveling
- Reading



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