

# Kerrie U.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2011**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- MA in Accounting Information Systems from University of North Texas
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Master Personal Trainer
- Corrective Exercise Specialist
- Ran Marathon 1999
- Hiked Half Dome 16 miles 2005
- Walked 60 miles 3 Day 2008



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 653

