

Stacie M.



Master Trainer
Team Member Since: 2004
Sessions Serviced: 10,000 +

Education & Certifications

- BS in Exercise Physiology from Texas A & M University
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Spending time with my wonderful family
- Running



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24hourfitness.com/personaltraining