

Chris K.



Certified Personal Trainer
Team Member Since: 2012
Sessions Serviced: 2,000 +

Education & Certifications

Degree: BA in Sports Science from Long Island University
Degree: MS in Coaching & Conditioning from Long Island University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Baseball
Athletic Performance



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