

Jaret H.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Exercise Science from Adelphi University
- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Marathons
- Building speed, agility and quickness
- Baseball and basketball
- Cooking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 654

