

Manny S.



Certified Personal Trainer
Team Member Since: 2013
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Sport Management from Southeast Missouri State
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Former NFL prospect 2012
- Love playing all sports
- Competitive Gamer



For more info about this trainer,
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24hourfitness.com/personaltraining