

# Kareem C.



**Certified Personal Trainer**  
**Team Member Since: 2009**

## Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Religion
- Family
- Self and collective improvement



For more info about this trainer,  
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