

Adrienne W.



**Certified Personal Trainer
Group X Instructor
Team Member Since: 2006**

Education & Certifications

- BS in Behavioral Science and Health from University of Utah
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Spending time with family
- Dance
- Teaching Group X



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 656