

Anthony A.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2013

Education & Certifications

- BA in Business from University of Texas-Dallas
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Sports Fitness Specialist

Hobbies and Achievements

- Soccer
- Working out
- Cycling
- Swimming
- Family



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 656