

Courbin T.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2012

Education & Certifications

- BS in Exercise Science from University of Mississippi
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist

Hobbies and Achievements

- Reading
- Working Out
- Watching Sports



For more info about this trainer,
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24hourfitness.com/personaltraining