Margaret S.



Certified Personal Trainer Team Member Since: 2013

Education & Certifications

- BA in Psychology from University of Texas at Dallas
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. Personal Fitness Trainer

Hobbies and Achievements

- Ashtanga power yoga
- Healthy culinary arts



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