

Brandon W.



Certified Personal Trainer
Master Trainer
Team Member Since: 2011
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Finance from Missouri State University
- BS in Real Estate Law from Missouri State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Soccer & basketball
- Obstacle course races, Spartan, Tough Mudder, Warrior Dash
- Crossfit
- Olympic lifting



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 657

