

# Nick C.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Sociology from Hartwick College
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

## Hobbies and Achievements

- Soccer
- Alpine skiing
- Camping and hiking



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)