

Dwayne L.



Master Trainer
Fitness Manager
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Business/Marketing from Oklahoma State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Federation of Professional Trainers - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Movies
- Music
- Sports
- Art



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