

Edgar P.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2011

Education & Certifications

- BS in Exercise Sports Science from Texas State University
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Extensive training in MMA
- Play soccer and football
- Enjoy doing fun runs and 5ks
- I like to enjoy anything outdoor
- Fishing and Hunting



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 658