Ismael C.



Certified Personal Trainer Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Family
- Reading
- Writing
- Traveling



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

