

J. T.



Team Member Since: 2010

Education & Certifications

- BS in Kinesiology from University of Kentucky
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Family
- Nutrition
- Sports



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24hourfitness.com/personaltraining

Club ID: 658

