

J. T.



Team Member Since: 2010

Education & Certifications

- BS in Kinesiology from University of Kentucky
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Family
- Nutrition
- Sports



**For more info about this trainer,
scan this code with your smart phone or visit:**

24hourfitness.com/personaltraining