

Jesse W.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Exercise Science from Texas State University
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- National Championships age group qualifier Olympic distance
- First Place age group triRock, cap tex triathlon, ROT, rogue 10k
- Mens A doubles beach volleyball
- 1st place age group ARC running distance series, 7th overall
- 1st & 2nd place finishes collegiate division at cap tex triathlon



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24hourfitness.com/personaltraining

Club ID: 658