

# Michele G.



**Certified Personal Trainer  
Team Member Since: 2012**

## **Education & Certifications**

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

## **Hobbies and Achievements**

- Gardening
- Spending time with family
- Volunteering at PISD
- Body building
- Bible study



**For more info about this trainer,  
scan this code with your smart phone or visit:**

**[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)**