

Michelle R.



Group X Instructor
Team Member Since: 2011

Education & Certifications

- BA in Health and Fitness Management from Texas State University-San Marcos
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Basketball
- Boxing
- Traveling and being Outdoors
- Cooking
- Austin Half Marathon



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