Shanel D.



Certified Personal Trainer Team Member Since: 2011

Education & Certifications

- BS in Sports & Fitness Management from University of Nevada Las Vegas
- BS in Kinesiology from University of Nevada Las Vegas
- AD in Business Management from Flathead Valley Community College
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. Certified Strength and Conditioning Specialist®
- TRX Suspension Training Certified TRX Instructor

Hobbies and Achievements

- Taking my son to the park
- Round Rock Express games
- Basketball
- Kayaking



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

