

Steven K.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- BA in Education from Northwest Nazarene University
- MS in Psychology from Walden University
- PhD in Health Psychology from Walden University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- NCAA Division II Wrestling
- Black Sash, Tai Chi Chuan
- Black Belt, 1st Degree, American Kenpo
- Black Belt, 1st Degree, Tushka Homma
- Bronze Star, US Army



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining