

# Bradley H.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Personal Training Institute of Colorado - Personal Training Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Completed 11 Marathons
- 37th in class in San Diego Marathon
- Multi-sport athlete
- Run Boston and New York Marathons



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)