

Ruben G.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- KETTLEBELL – Certified Kettlebell Instructor
- National Personal Training Institute of Colorado - Personal Training Certification

Hobbies and Achievements

- Growing my Faith
- Music
- Pizza



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 659