

Natalie N.



Certified Personal Trainer
Master Trainer
Group X Instructor
Team Member Since: 2011
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Office Administration from DeKalb College
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist

Hobbies and Achievements

- BodyPump instructor
- Cycle instructor



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining