

# Vicki K.



**Certified Personal Trainer**  
**Master Trainer**  
**Group X Instructor**  
**Team Member Since: 2009**

## Education & Certifications

- BS in Horticulture from Texas A&M University
- Les Mills Bodyattack, 2009
- Les Mills Bodypump, 2010
- Les Mills CX Worx, 2010
- Les Mills Bodycombat, 2013
  
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Teaching Les Mills Group X classes
- Family time with my husband and new baby girl
- Healthy cooking
- Community races and mud runs



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 660

