

Amy F.

Education & Certifications

- BA in Speech Communications from Metropolitan State College of Denver
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification



Certified Personal Trainer
Assistant Fitness Manager
Team Member Since: 2012

Hobbies and Achievements

- NPC Figure Competitor



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 663

