

Christopher B.

Education & Certifications

- BS in Exercise Science from Metro State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist



Certified Personal Trainer
Team Member Since: 2010

Hobbies and Achievements

Running marathons
Boxing
Soccer



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 663

