Jennifer G.



Certified Personal Trainer Team Member Since: 2011

Education & Certifications

- BA in Economics from University of Iowa
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Council on Strength and Fitness Personal Trainer
- National Exercise and Sports Trainers Assoc. Personal Fitness Trainer
- TRX Suspension Training Certified TRX Instructor

Hobbies and Achievements

- Cycling
- Power walking
- Teaching senior fitness classes



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