

# James T.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Exercise Sports Science from Texas Tech University
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Family
- Basketball
- Outdoors



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 665