

# Joseph E.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- BS in Kinesiology from Tarleton State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Advanced Health and Fitness Specialist
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- Hiking
- Camping
- 5K competitions
- Boot camps



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