

Matt R.



Team Member Since: 2004

Education & Certifications

- Cooper Institute - Biomechanics of Resistance Training
- Cooper Institute - Master Fitness Specialist
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Football
- Poker
- Pool



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Club ID: 665

