

# Carrie S.



**Certified Personal Trainer**  
**Team Member Since: 2014**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- 5th place figure NPC figure in 2009
- 4th place bikini NPC warrior 2010
- Extreme snowboarder from 2000-2012



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)