

Jourdan B.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- BS in Sports Medicine from Colorado State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Downhill and Cross Country Mountain Biking
- Trail Running - Varsity NCAA Cross Country Runner
- Yoga
- Wakeboarding



For more info about this trainer,
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Club ID: 667