

Adam S.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Political Science from University of Colorado at Boulder
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

Running
Swimming
Golfing
Brazilian Jiu Jitsu
Traveling



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