

# Nick H.



**Team Member Since: 2001**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- USA Weight Lifting
- United States Marines
- Functional Strength/Performance and Conditioning Training
- Track and Field - Cross Country Running
- Collegiate Wrestling, Olympic Weight Lifting



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