

Eric N.



Master Trainer
Fitness Manager
Team Member Since: 2002
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Kinesiology from Angelo State University
- MA in Exercise Physiology from University of Texas
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Kickboxing
- Jiu-jitsu
- Traveling



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 676

